



**LUMEN CHRISTI  
CATHOLIC PRIMARY SCHOOL**

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**Contacts:**

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## **NEWSLETTER: Term 4 - Week 3**

**SCHOOL CLOSURE:** Monday 5th November will be a pupil free day (No school). Tuesday 6th November is a Public Holiday.

Dear Family and Friends,

Today started with our last Walk-to-School day for October. Each October is Walk-to-School Month and at Lumen Christi I am really impressed with the way our staff, students and families embrace the concept not only in October but throughout the whole year. Can I especially thank Mrs. Leviston for the time she puts into coordinating these activities.

Next week we have our Year 3&4 group on camp at Allambee. We value the many varied benefits and opportunities our school camps provide and I also know the students enjoy each of our camps, even if they come home with the traditional camp horror stories. Sadly, in the current climate of regulations and compliance events like camps and excursions become more difficult to organise and execute so it will be interesting to see what experiences schools will be able to provide in the years ahead. I am planning on visiting the Year 3/4s on camp and thank Mrs. Yeates, Mr. Watson, Mrs. Bugeja and Mrs. Liddicoat for attending.

This term we have the Reconciliation program for our Year 3 students. Mrs. Leviston will be making contact with those families soon with the confirmed dates and we ask everyone to take note of these activities as the program is quite short and needs your full commitment.

Yours,

Dave Cooper

## PARENTS & FRIENDS

### UNIFORMS

The Uniform Shop is now only open on a needs basis. Please contact Jen on MB: 0417788077 to arrange a mutually suitable time if you would like to have a look through or purchase an item. Cash or cheque sales only (chqs payable to Lumen Christi Parents and Friends).

## TERM 4 CALENDAR OF EVENTS

Please monitor the newsletter and website each week for additions & modifications

Event	Day	Date	Time
<b>Week 3</b>			
Walk to School	Thursday	25/10	8am
Assembly	Friday	26/10	2pm
<b>Week 4</b>			
Year 3/4 Camp	Monday & Tuesday	29-30/10	TBC
Playgroup	Wednesday	31/10	9am-11am
Mass - Whole School All Saints Day	Thursday	1/11	9am
Assembly	Friday	2/11	2pm
<b>Week 5</b>			
Commitment Masses for Reconciliation	Sat/Sun	3/4 Nov	Sat-6pm Sun-9am
School Closure	Monday	5/11	
Melbourne Cup Public Holiday	Tuesday	6/11	
Playgroup	Wednesday	7/11	9am-11am
Mass - Year 2-3-4	Thursday	8/11	9am
Assembly	Friday	9/11	2pm
<b>Week 6</b>			
Commitment Masses for Reconciliation	Sat/Sun	10/11 Nov	Sat-6pm Sun-9am
Tennis 3-6	Monday	12/11	Various
Playgroup	Wednesday	14/11	9am-11am
Walk to School Day	Wednesday	14/11	8am

Mass - Year 5/6	Thursday	15/11	9am
Reconciliation Workshop	Thursday	15/11	7pm
Assembly	Friday	16/11	2pm
<b>Week 7</b>			
Playgroup	Wednesday	21/11	9am-11am
Bethlehem Bazaar Day Dress Up Day & Yr 5/6 fundraising activities for Vinnies Christmas Appeal	Friday	23/11	8.35am
Assembly	Friday	23/11	2pm
<b>Week 8</b>			
<b>Swimming Week</b>			
Playgroup	Wednesday	28/11	9am-11am
Reconciliation Workshop	Wednesday	28/11	7pm
NO MASS	Thursday	29/11	9am
Assembly	Friday	30/11	2pm
Life Education Van Visit - Day 1	Friday	30/11	
<b>Week 9</b>			
Life Education Van Visit - Day 2	Monday	3/12	
Playgroup	Wednesday	5/12	9am-11am
Reconciliation Night	Wednesday	5/12	TBC
Whole School Mass Advent Mass	Thursday	6/12	9am
Assembly	Friday	7/12	2pm
<b>Week 10</b>			
Proposed Year 6 Fun Day	Monday	10/12	
Orientation Day -TBC	Tuesday	11/12	
Last Playgroup -TBC	Wednesday	12/12	9am-11am
End of Year Family Picnic	Wednesday	12/12	
End of Year Mass -TBC	Thursday	13/12	9am
Year 6 Graduation Mass & Awards Nights -TBC	Thursday	13/12	7pm
<b>Week 11</b>			
Nativity Play -TBC	Monday	17/12	9am
Christmas Carols -TBC	Tuesday	18/12	9am
2018 School Year finishes-TBC	Tuesday	18/12	3pm
<b>FURTHER EVENTS</b>			

## ALL SAINTS DAY MASS:

Next Thursday, 1 November we will celebrate All Saints day with Mass at 9am. All are welcome to join us.

### FROM THE OFFICE

**FEES:** Term Four Fees (\$395) are due by Friday 9th November. If you have arrears and are not on a direct debit plan, please ensure all fees are brought up to date by this date.

#### **ENROLMENT PACKAGES:**

Our enrolment process has opened for 2019. An information pack has been dropped off at the local kinders for interested families with an outline of our enrolment process and an invitation to visit the school. Full enrolment packages are available at the office for both current and potential new families. If you know of families who may be interested to join our community please encourage them to make contact with Mr.Cooper, or take an enrolment package from the office for them.

#### **WORKING WITH CHILDREN CHECKS:**

Volunteers help play a major role in our school in supporting all students and strengthening a sense of community. In line with child-safety practices and policies from the Catholic Education Office, every volunteer must have a current Working with Children Check. The checks are quite easy to do online and if you are a volunteer the checks are free via [www.workingwithchildren.vic.gov.au](http://www.workingwithchildren.vic.gov.au) If you already have a WWCC and Lumen Christi is not listed please go online and add our school to your card. Our school will then be notified of your WWCC renewal.

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**ICYPOLES:** are for sale every lunchtime.....50 cents each.

### HEALTHY TOGETHER

#### **Calm Kid Central (CKC)**

Need ideas and support for children who struggle with worry, frustration, anxiety, tough life situations or friendship skills? Calm Kid Central is an online program run by Developing Minds child psychologists - which helps kids feel calm, confident and co-operative. It does this by providing an online website portal giving parents/carers access to:

1. A panel of 5 Clinical Child Psychologists – who will answer unlimited questions from all parent/carers about child wellbeing/anxiety/frustration/development/how to help/respond to and support children to deal with challenging emotional/peer/learning/life situations. All questions are answered within 48 hours.

2. A series of 3 minute animated videos for children (which can be watched on their devices) which help them manage worry, learn to calm down when they are mad or anxious, get along better with their friends/siblings, relax their body, cooperate with adults, use calm words and much more. There are also activity sheets for children to complete and conversation guides for parents to use to help both kids and parents to talk about these topics.

3. Videos, articles and conversation guides for parents to help them feel more confident and calm in supporting kids. These videos and articles help adults know exactly \*what to say and do\* when dealing with kids who are anxious, frustrated, have meltdowns, don't listen and worry a lot.

We aim to solve problems such as "What to ask children when they are frustrated/worried", "How to use praise in helping children manage big feelings", "Helping children fight less with their siblings" and much more. Each video includes a recording of a child and parent/carer talking about tricky problems so adults can hear exactly what to say to kids to help them learn.

This program is funded by Gippsland Primary Health Network and therefore available for **FREE** to families with children who are primary school aged and live in the Gippsland Region.

Go to: [www.calmkidcentral.com](http://www.calmkidcentral.com) and use access voucher code GIPPSLAND18

### **WALK TO SCHOOL OCTOBER:**

Walk to School results today were very positive with nearly half of the school coming to school by active travel. Year 1 had sensational support once again with 80% of the class participating. Overall 47% of students enrolled at Lumen Christi participated today. **Our next Walk to School date is Wednesday 14 November.**

### **END OF YEAR SCHOOL PICNIC:**

Our December Walk to School activity will include a school picnic. The proposed date is Wednesday 12 December, subject to weather conditions. We are planning to walk from the school to Lake Hyland at about 11am where we will enjoy a walk around the lake, feed the birds and play on the playground. We are intending to have a sausage sizzle lunch as well. We will then walk back to school. Our backup date for the picnic is the following day, Thursday 13 December. Families are welcome to join us. There will be no cost for this activity.

## **PARISH NEWS**

Our Parish Vision Statement: *To reflect the light of Christ to all people*

**Contacts:** Fr.James Fernandez PARISH PRIEST and Fr.Edwin Ogbuka ASSISTANT PRIEST 5134 2849

### **Weekend Masses:**

Fr.Edwin is overseas on holidays so the only weekend Mass is on Sunday at 9am. We welcome all families to attend!

**Important Update:** We are very pleased that a maintenance project is about to commence to repair the ongoing water damage issues related to the windows in the church. The works will commence on Monday 3rd September and we think the church will be unavailable for two weeks. During this time the Sunday 9am will be held in the Yinnar Church.

### **Sacraments-Reconciliation:**

**First Reconciliation will take place on Wednesday 5 December 2018.** Candidates are required to register at one of the Commitment Masses on the weekend of 3/4 November or the 10/11 November. Parish Mass times are Saturday evening at 6pm and Sunday morning at 9am. There are 2 Family Workshops to attend as part of the preparation. These will be on Thursday 15 November and Wednesday 28 November. Children must be baptised and be in Year 3 or above. If you would like your child to participate please make contact with either Mrs.Leviston or Mr.Cooper. If you would like your child to participate but they have not been baptised please call by and have a conversation with us so we can organise some arrangements to assist you.

**Plenary 2020:** The Australian Bishops have called for a gathering called a Plenary. Over the next few years we will all have an opportunity to contribute to the discussion around the future directions, goals and aspirations for the Catholic Church in Australia. Feel free to take a look at the website <http://plenarycouncil.catholic.org.au/>

## COMMUNITY CORNER

If your community group would like to contribute please contact Mr.Cooper

www.cdnews.com.au Churchill & District News - October 18, 2018 - Page 31

CHURCHILL & DISTRICT NEWS  
"Connecting Your Community"

in conjunction with Relationships Australia VICTORIA

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# JUNIOR FISHING DAY



This is a great opportunity for parents and children to spend time together, learn new skills and have a whole lot of fun!

Juniors **ONLY** between the ages of 4 – 17.  
Juniors must be accompanied by an adult.  
Only one fishing rod per competitor.

**\$2.50** per child  
**\$6** per family

**Saturday, October 27, 2018**  
**Lake Hyland, Mathison Park**  
Mackeys Road, Churchill

**Entry includes sausage sizzle and drink**

\* Plenty of prizes \* Mystery weight \* Lucky Door Prizes

Registration starts at 9.50 am - 1.45 pm. Fishing from 10.00 am - 2.00 pm

Please bring Sunscreen, drinks, chairs, hats, insect repellent and shelters

**For further information contact 0422 823 179 or Brydie 0488 988 857**

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