



**LUMEN CHRISTI  
CATHOLIC PRIMARY SCHOOL**

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## **NEWSLETTER: Term 4 - Week 1**

Dear Family and Friends,

Welcome back to Lumen Christi for Term 4, I hope everyone had a relaxing break and feel recharged ready for all the excitement and action ahead of us. The school calendar is already looking busy and I'm sure your family diaries too are filling quickly as we rush towards the end of the year. As a staff we work hard to 'make the days count, and not count the days' as we work hard to maximise the learning that takes place each day. This term we have the excitement of our 2019 Preps spending more time with us, while we also watch the Year 6's mature as they prepare for the leap into secondary school.

This term we focus our social justice efforts towards the needs of those in our local community with our fundraising and awareness drawn towards the terrific works of the local Churchill Vinnies. This term the Year 5/6 class will host the annual Bethlehem Bazaar where the money raised will go towards the Christmas Hampers we donate to Vinnies.

Next week we have our Parent Workshop that I strongly urge all parents to make the effort to attend. Further information is included in this newsletter.

I wish everyone a successful term ahead and encourage parents to take note of the calendar of events in the the newsletter as well as online. Already we have had to show a little flexibility with the uncertainty around the completion of the building works in the Church. This may potentially impact the upcoming Reconciliation program, so I ask those families to be on the lookout for information regarding masses and workshops.

Yours,

Dave Cooper

## PARENTS & FRIENDS

**Planning Meeting:** Interested parents are invited to catch up for a chat on Monday 15th October at 7pm at the Churchill Hotel.

### UNIFORMS

The Uniform Shop is now only open on a needs basis. Please contact Jen on MB: 0417788077 to arrange a mutually suitable time if you would like to have a look through or purchase an item. Cash or cheque sales only (chqs payable to Lumen Christi Parents and Friends).

## TERM 4 CALENDAR OF EVENTS

Please monitor the newsletter and website each week for additions & modifications

Event	Day	Date	Time
<b>Week 1</b>			
Assembly	Friday	12/10	2pm
<b>Week 2</b>			
2-6 Tennis	Monday	15/10	10am-1pm
Parent Workshop: CALM KIDS CENTRAL	Tuesday	16/10	6pm-7.30pm
Playgroup	Wednesday	17/10	9am-11am
Year Prep & One Prayer Service	Thursday	18/10	9am
Assembly	Friday	19/10	2pm
<b>Week 3</b>			
2-6 Tennis	Monday	22/10	10am-1pm
Playgroup	Wednesday	24/10	9am-11am
Assembly	Friday	26/10	2pm
<b>Week 4</b>			
Year 3/4 Camp	Monday & Tuesday	29-30/10	TBC
Playgroup	Wednesday	31/10	9am-11am
Mass - Whole School All Saints Day	Thursday	1/11	9am
Year 2-6 Tennis	Friday	2/11	10am-1pm
Assembly	Friday	2/11	2pm
<b>Week 5</b>			
School Closure	Monday	5/11	
Melbourne Cup Public Holiday	Tuesday	6/11	

Playgroup	Wednesday	7/11	9am-11am
Mass - Year 2-3-4	Thursday	8/11	9am
Assembly	Friday	9/11	2pm
<b>Week 6</b>			
Playgroup	Wednesday	14/11	9am-11am
Mass - Year 5/6	Thursday	15/11	9am
Assembly	Friday	16/11	2pm
<b>Week 7</b>			
Playgroup	Wednesday	21/11	9am-11am
Bethlehem Bazaar Day Dress Up Day & Yr 5/6 fundraising activities for Vinnies Christmas Appeal	Friday	23/11	8.35am
Assembly	Friday	23/11	2pm
<b>Week 8</b>			
<b>Swimming Week</b>			
Playgroup	Wednesday	28/11	9am-11am
NO MASS	Thursday	29/11	9am
Assembly	Friday	30/11	2pm
Life Education Van Visit - Day 1	Friday	30/11	
<b>Week 9</b>			
Life Education Van Visit - Day 2	Monday	3/12	
Playgroup	Wednesday	5/12	9am-11am
Whole School Mass Advent Mass	Thursday	6/12	9am
Assembly	Friday	7/12	2pm
<b>Week 10</b>			
Proposed Year 6 Fun Day	Monday	10/12	
Orientation Day -TBC	Tuesday	11/12	
Last Playgroup -TBC	Wednesday	12/12	9am-11am
End of Year Mass -TBC	Thursday	13/12	9am
Year 6 Graduation Mass & Awards Nights -TBC	Thursday	13/12	7pm
<b>Week 11</b>			
Nativity Play -TBC	Monday	17/12	9am
Christmas Carols -TBC	Tuesday	18/12	9am
2018 School Year finishes-TBC	Tuesday	18/12	3pm
<b>FURTHER EVENTS</b>			



## FROM THE OFFICE

**FEES:** Term Four Fees (\$395) are due by Friday 9th November. If you have arrears and are not on a direct debit plan, please ensure all fees are brought up to date by this date.

**CAMP FEES:** Grade 3/ 4 camp fees are due by Monday 22nd October.

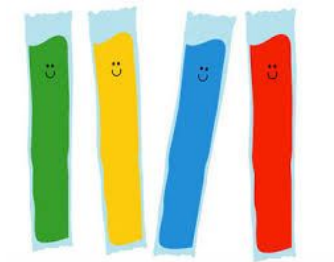
### **ENROLMENT PACKAGES:**

Our enrolment process has opened for 2019. An information pack has been dropped off at the local kinders for interested families with an outline of our enrolment process and an invitation to visit the school. Full enrolment packages are available at the office for both current and potential new families. If you know of families who may be interested to join our community please encourage them to make contact with Mr.Cooper, or take an enrolment package from the office for them.

### **WORKING WITH CHILDREN CHECKS:**

Volunteers help play a major role in our school in supporting all students and strengthening a sense of community. In line with child-safety practices and policies from the Catholic Education Office every volunteer must have a current Working with Children Check. The checks are quite easy to do online and if you are a volunteer the checks are free via [www.workingwithchildren.vic.gov.au](http://www.workingwithchildren.vic.gov.au) If you already have a WWCC and Lumen Christi is not listed please go online and add our school to your card. Our school will then be notified of your WWCC renewal.

**ICYPOLES:** will be for sale every lunchtime.....50 cents each commencing Monday, 15th October.



## HEALTHY TOGETHER

### **Calm Kid Central (CKC)**

Need ideas and support for children who struggle with worry, frustration, anxiety, tough life situations or friendship skills? Calm Kid Central is an online program run by Developing Minds child psychologists - which helps kids feel calm, confident and co-operative. It does this by providing an online website portal giving parents/carers access to:

1. A panel of 5 Clinical Child Psychologists – who will answer unlimited questions from all parent/carers about child wellbeing/anxiety/frustration/development/how to help/respond to and support children to deal with challenging emotional/peer/learning/life situations. All questions are answered within 48 hours.
2. A series of 3 minute animated videos for children (which can be watched on their devices) which help them manage worry, learn to calm down when they are mad or anxious, get along better with their friends/siblings, relax their body, cooperate with adults, use calm words and much more. There are also activity sheets for children to complete and conversation guides for parents to use to help both kids and parents to talk about these topics.

3. Videos, articles and conversation guides for parents to help them feel more confident and calm in supporting kids. These videos and articles help adults know exactly \*what to say and do\* when dealing with kids who are anxious, frustrated, have meltdowns, don't listen and worry a lot.

We aim to solve problems such as "What to ask children when they are frustrated/worried", "How to use praise in helping children manage big feelings", "Helping children fight less with their siblings" and much more. Each video includes a recording of a child and parent/carer talking about tricky problems so adults can hear exactly what to say to kids to help them learn.

This program is funded by Gippsland Primary Health Network and therefore available for **FREE** to families with children who are primary school aged and live in the Gippsland Region.

Go to: [www.calmkidcentral.com](http://www.calmkidcentral.com) and use access voucher code GIPPSLAND18

## WALK TO SCHOOL OCTOBER

October is Walk to School Month in Victorian schools. Classes will log students who actively travel to and from school by walking, cycling or scooting. Students can individually register on the website at [www.walktoschool.vic.gov.au](http://www.walktoschool.vic.gov.au). If they live too far from school to actively travel the whole way, they could be dropped off at a suitable location and walk the remainder of the way to school. It's an ideal opportunity for family members to accompany young children or for children to walk with a school buddy. Each Thursday in October our staff will facilitate Walk to School by manning our two regular sites, Churchill Police Station and Churchill Tennis Club. Staff will then accompany the children to school. Families are encouraged to join in Walk to School October and help our children to develop healthy habits for life. Information sheets will be sent home this week.

## KITCHEN GARDEN PROGRAM

Lumen Christi is part of the Kitchen Garden Program and is working hard to establish our veggie gardens. Our recent newsletter offers the following opportunity for any interested students.

ABC ME show casting call

ABC ME's *What's For Dinner* program is looking for kids aged 8-15, from Victoria, who are passionate about food and how it's celebrated in their family. Anyone interested in taking part in the October filming of the show can email the show's producers at [meontv@your.abc.net.au](mailto:meontv@your.abc.net.au)

## PARISH NEWS

Our Parish Vision Statement: *To reflect the light of Christ to all people*

**Contacts:** Fr.James Fernandez PARISH PRIEST and Fr.Edwin Ogbuka ASSISTANT PRIEST 5134 2849

### **Weekend Masses:**

Fr.Edwin is overseas on holidays so the only weekend Mass is on Sunday at 9am. We welcome all families to attend!

**Important Update:** We are very pleased that a maintenance project is about to commence to repair the ongoing water damage issues related to the windows in the church. The works will commence on Monday 3rd September and we think the church will be unavailable for two weeks. During this time the Sunday 9am will be held in the Yinnar Church.

### **Sacraments-Reconciliation:**

The Reconciliation program for 2018 begins this term. This is for children who have already been baptised in a Catholic Church, and are in Year 3. If you would like your child to participate please make contact with either Mrs.Leviston or

Mr.Cooper. If you would like your child to participate but they have not been baptised or are older than Year 3 please call by and have a conversation with us so we can organise some arrangements to assist you.

**Plenary 2020:** The Australian Bishops have called for a gathering called a Plenary. Over the next few years we will all have an opportunity to contribute to the discussion around the future directions, goals and aspirations for the Catholic Church in Australia. Feel free to take a look at the website.<http://plenarycouncil.catholic.org.au/>

## COMMUNITY CORNER

If your community group would like to contribute please contact Mr.Cooper

### ALANNAH AND MADELEINE FOUNDATION BUDDY RUN

On October 21 we are holding our first ever Buddy Run - the Anti-Bullying Fun Run - at Alexandra gardens in Melbourne.

The 1km run is the perfect opportunity to get your community, family and friends active for a good cause, enjoying a day packed with entertainment and fun activities such as lawn games, face painting, food trucks and so much more!

The event will promote the themes of inclusion and respect – and send a clear message that bullying is never ok. With a quarter of kids at school being bullied, there's never been a better time to step up and say NO to bullying. Registrations are at [www.buddyrun.org.au](http://www.buddyrun.org.au)